



Common Ground Co-operative

2018 Fee for Service Workshop Guide

Empowering adults with developmental disabilities to lead meaningful, fulfilling lives

About Us

Common Ground Co-operative is a charitable service organization that supports adults who have developmental and intellectual disabilities in Toronto. Our programs & workshops provide people with the opportunity to learn, build and improve their work skills and to experience self-employment as partners in social enterprises that provide hospitality services to the community.

Fee for Service Workshops

Our organization is proud to offer a range of unique skill-building workshops that broaden both the work and life skills of exceptional people.



Common Ground Co-operative
3A Banigan Drive,
Toronto, ON M4H 1G3
T. 416-421-7117 F. 416- 421-7116
info@commomgroundco-op.ca
www.commongroundco-op.ca

Made by Mavericks Barista Workshop

Made by Mavericks is a fun and interactive barista training workshop created specifically for persons with developmental disabilities. This comprehensive and intensive, three-day program will introduce students the fascinating art of coffee preparation.

Two students will learn theory basics, the science of coffee, dosing techniques, brew ratios, how to operate and use the brewer and steamer safely, milk texturing, pouring techniques and more. At the end of the class, students should be able to pull the perfect café style beverage.

An illustrated training booklet and online video tutorials are provided to help guide learners both during and after the workshop.

Classes take place in a real-coffee shop/social enterprise that is operated by adults who have developmental disabilities. This and other programs are a part of Common Ground Co-operative. Your instructor is a trained Barista and a CGC job coach.

Note: This program can be challenging for some learners, requires fine motor skills and the ability to stand for long periods of time.

Due to the nature of this program, applicants may be required to undergo a telephone interview and skills assessment before being accepted into this workshop.

Skill Level: Difficult

Cost: \$375

Max number of students per class: 2

Location: Coffee Shed, 2 Surrey Place
Toronto

Days (TBD)

5:00 - 7:00 p.m.

For more information contact our program coordinator

416-421-7117 Ext. 203

foundations@commongroundco-op.ca

Eligibility:

18 years or older

Able to stand for at least two hours

Good at listening and follow instruction

Has an interest in all things coffee

Fine motor skills and the ability to stand for 2 hours is required for this course

Visit our website to download an application

www.commongroundco-op.ca/workshops/

Ask us about our two-day workshop where one to one training is provided.

Contact us to find out more.

Instruction: One instructor to two students and an occasional peer mentor who is skilled in this area



Learn How To Create The Perfect Café Style Beverage!

Made by Mavericks is a barista training workshop created for persons with developmental disabilities. This comprehensive and intensive, three-day program will introduce small groups of students to the fascinating art of coffee preparation.

Learn theory basics, the science of coffee, dosing techniques, brew ratios, how to operate and use the brewer and steamer safely, milk texturing, pouring techniques and more. At the end of the class, you should be able to pull the perfect café style beverage.

An illustrated training booklet and online video tutorials are provided to help students both during and after the program.

Classes take place in a real-coffee shop/social enterprise that's operated daily by adults who have developmental disabilities. Your instructor is a trained barista and a Common Ground Co-operative job coach.

Note: This program can be challenging for some learners.

FAQ's

Only 8 people per workshop

18 and older

Able to work in small groups

Fine motor skills and the ability to stand for two hours is required

This workshop brews decaffeinated beans only.



*Curriculum developed with help from some of Toronto's best purveyors of coffee!
De mello palhetta · Pilot Coffee · Sam James Coffee · Jimmy's Coffee · Ezra's Pound*

Self-Awareness Workshop

A 2 day in-class workshop where participants are involved in learning about the importance of self-esteem and assertiveness in conducting healthy relationships.

This includes setting boundaries, effective verbal communication and the use of body language. Other topics include how to increasing self-empowerment, on-line/smart phone safety, personal attributes, emotional awareness, identifying personal strengths, motivation and the importance of goals and accomplishments relative to everyday life.

At the end of the course participants should have the ability to identify areas where they can apply the tools learned that will help with continuous improvement.



This course can be delivered one on one if needed. Contact us to find out more. Support Workers are welcome to attend with their clients who may need assistance.

Skill Level: Moderate

Cost: \$130

Max number of students per class: 4

Location: Common Ground Co-op,

3A Banigan Drive, Toronto

Tuesday-Wednesday

10:00 - 2:00 p.m.

For more information contact our program coordinator

416-421-7117 Ext. 203

foundations@commongroundco-op.ca

Eligibility:

18+ with developmental disability

Works well in a group learning environment

TTC independent

Instruction: One instructor to four students and an occasional peer mentor who is skilled in this area

Learn or Improve - Customer Service Skills Workshops

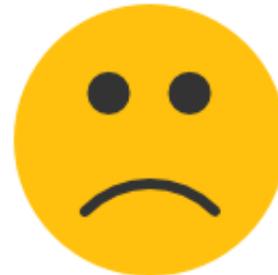
Two days of intensive, in-class instruction that gives participants an understanding of the importance of customer service.

The workshop focuses on interactions, conflict and resolution, dealing with difficult people, understanding boundaries, customer greetings, how to deal with customers who have disabilities or language barriers, and so much more.

This is a great program for people with developmental disabilities who are already employed or are preparing to start work.

Are you an employer? Call us to find out how we can help you and your staff members with exceptionalities.

This course can be delivered one on one if needed. Contact us to find out more. Support Worker's are welcome to attend with their clients who may need assistance.



Skill Level: Moderate-Difficult

Cost: \$140

Max number of students per class: 4

Location: Common Ground Co-op

3A Banigan Drive Toronto

Tuesday-Wednesday

10:00 - 2:00 p.m.

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416-421-7117 Ext. 203

foundations@commongroundco-op.ca

Eligibility:

18+ with developmental disability

Works well in a group learning environment

TTC independent

Instruction: One instructor to four students and an occasional peer mentor who is skilled in this area

Math & Money Skills Workshop

A two-day, interactive and fun workshop that focuses on understanding the differences between coins, bills and basic math.

The Math & Money Skills Workbook uses colour visuals and exercises that help students learn by identifying and understanding the denominations of Canada's different types of bills and coins.

This program is ideal for people who need help with numeracy or for those who want to upgrade their job skills or add skills to their resume.

Consider combining the Math & Money Skills Workshop with Customer Service for the full professional development experience.

This course can be delivered one on one
Support Workers can attend with the student.



Skill Level: Basic-Moderate

Cost: \$205

Max number of students per class: 4

Location: Common Ground Co-op

3A Banigan Drive Toronto

Tuesday-Wednesday

10:00 - 2:00 p.m.

For more information contact our program coordinator

416-421-7117 Ext. 203

foundations@commongroundco-op.ca

Eligibility:

18+ with developmental disability

Works well in a group learning environment

Basic understanding of numeracy

TTC independent

Instruction: One instructor to four students and an occasional peer mentor who is skilled in this area

Solid Ground Financial Literacy Program

-Train the Trainer

Solid Ground is an 11 module program that we created specifically for persons who have developmental disabilities who need help with budgeting their everyday expenses.

Our comprehensive, one-day train the trainer program gives service providers a toolkit that contains all the training they need to deliver the program to their clients or consumers.

The toolkit contains a USB key that holds the presentation slides, handouts and student workbook. Tailor your teaching to where you clients and consumers need it most. Learning modules include: Budgeting & Saving, Goals, Wants vs Needs, Understanding Credit Cards and Interest and so much more.

The package contains one day of in class instruction with a Solid Ground Facilitator who will show you how to teach the program to your clients. Your registration fee includes the Toolkit.

Contact us directly to find out how to enroll your Employee for training or talk to us about training an individual who needs help.



Skill Level: Moderate
Cost: \$170 – Toolkit & Instruction

Location: Common Ground Co-op
3A Banigan Drive Toronto

9:30 a.m. – 3:30 p.m.

For more information contact our program coordinator
416-421-7117 Ext. 203
foundations@commongroundco-op.ca

This program is offered by appointment only.

For more information on our programs and workshops
call or email our program coordinator at
416-421-7117 Ext. 203

foundations@commongroundco-op.ca



Payment by Cash/Cheque or  PayPal

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